

Serendipity

Blueberry Fruit Bars Recipe

Ingredients

100g blue berries
15ml lemon juice
15g honey
1g cinnamon
75g vegetable margarine
75g porridge oats
75g digestive biscuit

Instructions

1. Place the blueberries, lemon juice, honey, cinnamon and water in a pan. Bring to boil and simmer gently for 20 minutes. Cool
2. Melt the margarine in a pan, add the oats and biscuit crumbs and mix well. Press half the mixture into a lightly greased shallow tin
3. Cover with the cooled blueberries mixture and top with the remaining oat mixture. Press down well
4. Bake in the preheated oven at 180 C, 350 F, gas mark 4 for 45 minutes until golden brown
5. Cool and refrigerate

